

AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

First name (the name you want to use when you check in for class-ex. Dave or David; Kim or Kimberly):

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Last name (only one, please no hyphenated names):

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Email (distinguish between numbers and letters):

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Address:

Street _____

City _____ State _____ Zip _____

In consideration of and as inducement to my enrolling as a student in the Yoga classes conducted by Bikram Yoga Orlando, hereinafter called BYO, I represent and agree to the following:

1. I recognize that Yoga classes are done in a hot room and require physical exertion which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the Yoga classes. I represent and warrant that I am physically fit and have no medical condition which would prevent my full participation in the Yoga classes.
3. I assume full responsibility for any risks, injuries or damages, known or unknown which I might incur as a result of participating in the Yoga classes.
4. I knowingly, voluntarily and expressly waive any claim I or my heirs may and agree to hold BYO, Melissa McMurray, its staff and agents harmless from any and all liability, actions, claims, demands of every kind and nature whatsoever which may arise from or in connection with any activities of BYO at any location where a staff member or agent may be holding a class or workshop. The terms thereof shall serve as a release and assumption of risk for my heirs, executor and administrators and for all member of my family.
5. I understand and acknowledge that I am to receive instruction in Yoga theory and exercise only, and I will not hold you, your partners, instructors or employees to any higher standard of care that that applicable to a school of Yoga theory and exercises.
6. The tuition paid herewith and such tuition fees paid hereafter are nonrefundable; such refunds, if any, shall be entirely within the discretion of BYO.

Signature (Parent/Legal Guardian must sign for anyone under 18)

_____/_____/_____
Date

